

# Grilled Tuna Tulip



## Ingredients (Serving 3)

#### White Toque

Description	Item code
6 oz X-Fine Green Beans	40001
6 oz Yellow Wax Beans X-Fine	40012
3 feuilles de Brick	64024
1.6 oz Shallots	59100
0.6 oz Echire Unsalted Butter Cup	59250

### At your local supermarket

Description

10.2 oz Fresh Hahi Tuna

3 Scallions

1 Tomato

0.6 oz Clarified Butter

Salt & Pepper

## **Cooking directions**

- 1. Brush each feuille de brick dough with clarified butter and mold them into a tulip shape in aluminum foil.
- 2. Bake in oven until you get a nice gold color.
- 3. Season and grill the tuna.
- 4. Sauté the haricots verts and the yellow wax beans in the butter with shallots and green scallion minced.
- 5. Fill up the tulip with the beans garnish and top it with grilled tuna.
- 6. Decorate with tomatoes julienne and a bouquet of white scallion.

Tip: You can also serve the vegetables cold like a Niçoise salad with black olives.